

CAPA 2025 CANADA: MY COUNTRY COMPETITION

(information taken from CAPA's website)



3rd Merit Award – Osoyoos Photography Club – Lori Janz – Ceremonial Dance -
courtesy CAPA website.

Please note – the submission sizing requirements (Maximum horizontal size: 1400 pixels and maximum vertical size: 1050 pixels) **are different for CAPA competitions compared to the club requirements for posting to Club Galleries’.**

CVCC's submission deadline is midnight April 25, 2025 (Please check the club website calendar for updates) – submissions to be sent to cvccduncan@outlook.com

Please indicate which of the “5” Zones in which your image should be entered into.

Each Club Member may submit 2 photos for club judging.

Scope of Competition

Welcome to the 2025 Canada: My Country competition. This annual event celebrates the rich diversity of people and places across our nation.

This year, we want to showcase the varied landscapes that shape our national identity. Submitted photographs bring regional flavours and local pride to life – from the Atlantic coast to the Pacific coast and including our far north.

Equally important are the stories of the people who call this land home. Photos of immigrant families starting new lives, school children growing together, workers driving local economies, and senior citizen passing down traditions – reflect the fabric our country.

We are a nation of many faiths, customs, languages, and histories. Yet in sharing our stories and images, we find common ground and shared humanity. Though we may seem different on the surface, beneath we are all driven by the same desires for community, purpose, and belonging.

Images depicting individuals experiencing homelessness, infirmity, or people in crisis will not be accepted. We consider the exploitation of the misfortune and suffering of others for the sake photography demonstrates a disregard for the well-being of our fellow individuals.

For camera clubs, a maximum of six (6) images can be entered into the Club category of this competition. All six (6) images must be from six (6) different club photographers.

Themes

Submitted image must fall within one of the following Zones:

- **Atlantic Zone** (New Brunswick, Nova Scotia, Newfoundland & Labrador & Prince Edward Island)
- **Pacific Zone** (British Columbia & Yukon)
- **Prairie Zone** (Alberta, Manitoba, Saskatchewan & Northwest Territory)
- **Ontario Zone** (includes Nunavut Territory)
- **Quebec Zone**

Editing Criteria

- Prior to submitting any photo in a CAPA competition, all entrants must first read the CAPA Eligibility Criteria relating to images submissions. – [READ ELIGIBILITY CRITERIA HERE](#)
 - **Permitted Editing Techniques:**

All In-Camera Techniques: Any adjustments made directly within the camera during image capture.

On-Camera Techniques: Utilizing on-camera features and settings for image enhancements.

Post-Processing Techniques: Editing the image using post-processing software.

Sky Replacement: Sky replacement but the replacement sky must have been captured by the same photographer submitting the image into the competition.

Triptychs (an image of three (3) separated images contained in a single image) are permitted in this competition.

Artificial Features Permitted: As of March 10, 2024, the following is a list of machine learning AI features which are permitted for use in this photo competitions:

- **Luminar Neo** includes tools like AI Structure, AI Sky Replacement, AI Skin Enhancer, and more that utilize machine learning algorithms to automate and enhance photo editing tasks.
- **ON1 Photo RAW** includes tools like AI Auto Enhance, AI Match Batch Processing, and AI No-Noise AI which aim to streamline photo editing workflows.
- **DxO PhotoLab** includes DeepPRIME AI technology for tasks like denoising, sharpening, and PRIME deblurring powered by machine learning.
- **Topaz Labs AI** includes Gigapixel AI for upscaling images, DeNoise AI, and Sharpen AI leveraging deep learning models.

- **Editing Techniques Not Permitted:**

Images without Photographic Origin: Images that are entirely generated electronically with no photographic origin.

Frames, Borders, Pin-lines, and Mats: Photograph must not contain any decorative elements like frames, borders, pin-lines, or mats. This includes the edges and markings of scanned film. When the frame is integral to the captured image, for instance a window frame or door frame that has been captured by the camera, these elements are permitted.

Artificial Intelligence Renderings: Images that have been created or modified using specific AI generative techniques: **in-painting** (where AI fills in generated elements not captured by the photographer or where AI removes elements from a photograph); or **out-painting** (where the AI extends beyond the original boundaries of the image captured by the photographer using generated elements). Whether with or without text prompts, these are not permitted for submission into a CAPA competitions.

Specifically, the Adobe Photoshop's and Luminar Neo AI's generative features are not permitted in our competitions.

We encourage you to review our "CAPA Stance on AI-Generated Images in Photographic Competitions" document here – ([English](#)) ([French](#)).

- **Image Metadata Required:**

For all competitions: it is mandatory that your submitted image includes complete image file metadata. Alternatively, if your image is chosen as a

potential winning entry, you will be required to provide the original images (**e.g., un-retouched JPG or RAW files**) used in developing the submitted images. Ensure that all requested files maintain the full image file metadata.

- **Accepted Image Types:**

- Colour images
- Black & White images
- Colour images converted to black & white
- Infrared images which can contain a range of colours beyond black & white

Image Specifications

- **Title of Image**

Title can be in either English or French or both.

Do Not: include punctuation or symbols (such as / - _ , ; : " "" ! ? & \$ % * { } [] @ # &) or quotation marks in the Title of your image.

The Image Title should be simple and introduce or set the mood or perspective for your image. For example: **Sublime Nova Scotia Sunset**

A weak image title, such as 'pretty flower,' will fail to stimulate the judge's interest in the image and may result in a lower score than expected.

- **Image File Name**

The image file name that you create prior to uploading into this competition should also be simple and could be the same as the Image Title. For example: **John Snow-Sublime Nova Scotia Sunset**

- **Image Size – Dimensions**

You must ensure your image is re-sized to meet the following two parameters:

- Saved as a jpg image with a maximum file size of 1.8 MB.
- Dimensions: Maximum horizontal size: 1400 pixels and maximum vertical size: 1050 pixels.

Example of Image Sizing – [Double-click to view image](#)

Note: Images smaller than the maximum dimensions will ONLY be accepted when one of the image edges has a horizontal size is 1400 pixels or the vertical size is 1050 pixels. For example: square image – 1050 x 1050 pixels; 1400 x 800 pixels; or 700 x 1050 pixels.

Note: Images will NOT be rotated by the judges and will be scored as submitted.

Suggestions – Use sRGB colour space for your image. For colour accuracy: we strongly recommend that you calibrate your monitor to ensure colour accuracy from your monitor to the image projected to the judges.

Judging Criteria

- *An Image's title may be used by the judges in evaluating a submission, so entrants should take care in selecting a title that complements or contributes to the vision or message being presented in the image.*
- *The judges will assign scores primarily based on the 'emotional' components of the image, considering values such as creativity and emotional impact. Secondary emphasis will be placed on the 'technical' aspects, followed by considerations of the 'composition.'*
- *Technical and Organizational factors, such as exposure, sharpness, focus, space, and composition, will be taken into account solely to the degree they do or do not support or reinforce the creative vision and storytelling. Images will not be penalized in scoring for so-called technical rule infractions, such as focus, if that is immaterial to the creative vision and storytelling.*

Likewise, judges take into consideration in their scoring the degree to which the entrant's use of techniques such as colour, monochrome, duo and multi-tone, contributes to or supports the creative vision and the story telling value of the image.